



Backyard Healthcare Project
204 E. Fort Lowell Rd.
Tucson AZ 85705
(520) 867-8004
www.acupuncturecoop.com

Welcome to Tucson Acupuncture Co-op!

Some things you should know about receiving acupuncture here, in the time of COVID-19:

We will not be able to treat you at the clinic if you have any symptoms of **fever, cough, shortness of breath, sneezing, runny nose, vomiting, diarrhea, or new onset of: fatigue, sore throat, loss of smell or taste, nasal congestion, or muscle aches**. In addition, we strongly encourage anyone who is immunocompromised to continue to stay in the safest place -- home.

We will require you to bring and wear your own mask and wear it the entire time you are in the clinic. Research indicates that this is the best way to keep each other safe right now, and it is crucial in our indoor setting.

We will require you to use hand sanitizer before and after your treatment. We will take your temperature beforehand and ask you some health-related screening questions before you get to the recliner – our insurance carrier requires this of us. We will also be changing the sheets after every patient and disinfecting surfaces and all points of contact.

We will be practicing physical distancing at the clinic (except for the masked practitioner, who obviously has to get close enough to give you acupuncture!), so please be sure to stay at least 6 feet away from any other patients you encounter at the clinic.

We used to operate on a sliding scale and we are hoping to be able to do so again in the future, but for many reasons **we are temporarily changing our pricing structure to a flat fee of \$30 instead of sliding scale. (\$40 for new patients)**. If this price increase will prevent you from affording acupuncture, please let us know so we can figure out what will work for you!

Responsibility

Acupuncture is a **process**. Your acupuncturist will recommend a course of treatment, but it is up to you to follow through with that, and to check in about how things are going. **If you have questions about how long it will take to see results, please ask us, or if you think you need to adjust your treatment plan, please let us know. We need you to commit to the process of treatment in order to get good results.**

If you need to cancel or reschedule an appointment, please give us at least 24 hours notice. That way, we can give your appointment time to someone else. If you do have to cancel or reschedule with less notice, we will charge you for your missed appointment or deduct one treatment from a pre-paid package. Thank you for respecting our policy. **We will never charge you for a missed appointment due to illness or family member illness.**

Community-Mindedness

We will not be accepting any walk-ins at this time, so be sure to book your appointment ahead of time online in the future! In order to respect and continue physical distancing recommendations, we will only be treating 4-6 people in our treatment room at a time, and our waiting room will be closed to visitors. Due to space limitations, we will be limiting treatment times to 45-60 minutes. Many of our patients are sensitive to chemicals so we will not be able to treat you if you are wearing a strong fragrance or perfume. The clinic might be a little louder than it used to be – we do have earplugs available if you need them. And of course, **please turn off your cell phone!**

Thank you for being here.